

1. Read the following extracts about two world record breakers. Then complete the table.

In 1900 Johann Hurlinger of Austria walked 1400 kilometers from Vienna to Paris. It took 55 days. That is not very fast but Johann did it on his hands. His average speed was 2.54 kmph.

In France, Henry Rochetain walked 3465 meters in 200 minutes on 13th July 1969. That is not very far or very fast, but he did it on a tight rope.

Record breaker	Johann Hurlinger	Henry Rochetain	
Country	Austria	1	
Way	2	Walked on a tight rope	
Distance	3	3465 meters	
Time	4	5	

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- 2. Match the statements and the responses
 - 1. Could you please move a bit?
 - 2. Are you feeling better?

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- **3.** Anuradhapura is an ancient city.
- 4. Sadun did not come for practices
- 5. My mother doesn't like teledramas.

- a. Neither did his friend.
- b. I'm sorry, I can't.
- d. Yes, I am.
- c. Neither do I.
- e. so, is Polonnaruwa.



3. Fill in the blanks with these words.

Needed	of	are	and	teams
А	today	it	to	Participants

Football has been played since ancient times and ______ it is a very popular ______ enjoyable game. A special feature ______ this game is that ______ provides the opportunity for the ______ to engage in playing for ______ long time which helps to develop all the skills ______ for enhancing physical fitness. Two ______ of eleven players, each ______ required to play a Football match. The team that wins the toss can opt to select the side of the field or to start the play.

4. The sports committee of your school has planned to organize an Inter school volleyball tournament to celebrate the 50th anniversary of the school. Prepare a poster to announce the tournament.

Include the following

-Purpose

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-Date/ time/ venue

-Invitation to participate

-Use about 30 – 40 words



5. Read the poem and answer the given questions

Haren

It's the school vacation.

And Haren doesn't live here anymore.

He lives across the street

Spends his time with the willow bat,

Drives, cuts, hooks

With the willow bat.

Spends his time with the arguments.

And sweaty friends.

And not with us

He is moved away.

Comes home just to eat and sleep

And sometimes pats my head

Then goes back to his place

To bowl googlies, flippers, dhoosras,

And to bat,

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And to field

Thinks he's "Sanga"

And not my brother.

- 1. Where does Haren live during the vacation?
- 2. What is the adjective used to describe his friends?
- 3. What are the batting shots Haren does with his willow bat?
- 4. Who is the famous sri Lankan cricketer mentioned here?
- 5. Write the line which says that Haren loves the writer.



6. Fill in the blanks with the words given below.

against	within	since	Until	after	before
.0.	-				

- 1. He lives ______ a few miles of Galagedara town.
- 2. Argentina lost the world cup final match _____ Germany.
- 3. I was up ______ four o' clock, trying to get it finished.
- 4. Leave your keys at reception ______ departure.
- 5. It has been raining _____ morning.
- 6. I'll never trust her again ______ what she did to me.
- 7. Complete the following sentences using past perfect continuous tense.

Ex- He had been working (work) too hard before he fell ill.

- 1. _____ my mother _____ (cook) when Dineth came to my home?
- 2. Chalana ______ (watch) TV for hours before he slept.
- 3. I ______ (have) lunch when he entered the canteen.
- 4. He _____ (live) in England before he went to Canada.
- 5. I ______ (study) French before I went to Paris.
- 6. The children _____ (play) for two hours before it began to rain.

8. You have been selected to make a speech on "sports and games play an important role in personality development of students". Write the speech including the following.

- What personality is
- How can sports and games help in developing personality

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- Benefits of a well-developed personality

(use 150 words)

