



Grade 08

Health and Physical  
 Education

**13. Sportsmanship**

Part I

Underline the most suitable answer.

1. Ethics in sports means,
  - i. A fixed set of rules for a game
  - ii. Rules protecting the dignity of players in a game
  - iii. Moral principles and values that govern a person's conduct
  - iv. Good sportsmanship qualities
2. This is not a quality that should be possessed by a good leader in sports.
  - i. Controlling emotions
  - ii. Identifying the weaknesses of your team
  - iii. To win the game at any cost
  - iv. Treat all the members of the team equally
3. A skill that can develop through sportsmanship
  - i. Respecting the judgements
  - ii. Law abiding
  - iii. Followership
  - iv. Appreciating skills of opponents
4. The first ancient Olympic Games were held,
  - i. In Olympia, Greece in 776BC
  - ii. In Athens, Greece in 1896
  - iii. In Berlin, Germany in 776BC
  - iv. In Sparta, Greece in 776BC
5. This is not an advantage of following rules and regulations of sports
  - i. Difficult to solve problems
  - ii. Making friends
  - iii. Unity will be developed
  - iv. Safeguarding the peace

Part II

Answer all questions.

- B
1. Briefly explain the following sportsmanship skills
    - a. Leadership

b. Accepting victory and defeat

c. Inter personal Relationships

d. Team spirit

2. Write four ethics in sports.



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