

Part II

- Answer all questions.

1) Write 6 skills in foot ball.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

2) State 3 different ways of heading the ball in foot ball.

- 1.
- 2.
- 3.

3) a) Write 2 activities that can be done to practice the heading the ball in foot ball.

- 1.
- 2.

b) Draw a diagram of one activity?

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