



Nalanda College – Colombo 10

Unit Evaluation

Grade 6

Health and physical education

Unit 6

UNIT 6 - LET US RESPECT RULES, REGULATIONS AND ETHICS IN SPORTS

PART I

01. Filling the blanks using given words.

- i). injuries during the sport events can be minimize by havingequipment.
- ii). If you do not respectyou will be disqualified from the game.
- iii). you should accept victory and when you engage in a sport.
- iv) helps to increase the perfectness of the work.
- v). obedience to the laws and politeness areof the sports.

PART II

02. What are the main two objectives of any sport?

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03. Write 4 personal qualities that can develop by gaining experience of a sport.

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04. Write three things when do a selection of a particular sport.

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5. what are the difficulties that we face due to not obeying rules and regulations related to sports?.....

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