



Grade 8

Health and Physical  
 Education.

Unit : 2 - Let us march correctly

**Part I**

- Underline the most suitable answer.
- (1) The maximum number of members in a platoon of a school march - past, including the leader is,  
 i) 24                                      ii) 25                                      iii) 27                                      iv) 28
  - (2) When performing compliments on the march  
 i) The left marker should keep looking straight ahead.  
 ii) All in the squad should keep looking straight ahead.  
 iii) The right marker should keep looking straight ahead.  
 iv) The squad is given the command "Eyes left"
  - (3) Select the incorrect statement on performing "Marking time" in a march past.  
 i) The two hands should be kept tightly along the sides of the body.  
 ii) Swing the arms back and forth as done in the normal march.  
 iii) The two eyes should be focuses straight ahead.  
 iv) Put the left foot by the right foot which is in attention position.
  - (4) The command which is given when forming two files in a march-past is ,  
 i) "Attention"  
 ii) "Squad .....fall in"  
 iii) "Count from the right"  
 iv) "To form three files .....March....."
  - (5) This is not a correct statement about "right turn"  
 i) Stand at attention position  
 ii) Turn your body  $90^0$  to the right  
 iii) Turn your body  $180^0$  to the right  
 iv) Bend the left leg at the knee.

**Part II**

- Answer all questions.

I. Name four main basic postures.

II. Name the main three turns in the march past and explain one out of them.

III. Write two things that you should consider when “halt from mark time”.

IV. What are the two types of marching?

V. Draw the formation of following actions in a march past.

a. Forming a single file

b. Forming two files

c. Forming three files

VI. Briefly explain four main directions of squad of a march past.