

Nalanda College – Colombo 10

Unit Evaluation

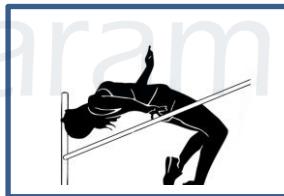
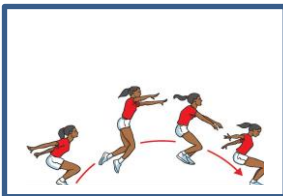
Grade 6

Health and Physical Education

Unit 4

PART I

1.Name the following sport events



PART II

03. Draw the rough sketch of a net ball court.



02. Write short answers

i). What is national game of Sri Lanka?

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ii) What is length of a football court?

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iii) How many players are there in net ball team?

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iv) Which country has improved football?

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v) What is the country that introduced net ball?

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03. What are the features of a minor game?



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04. What are the physical benefits of engaging in a sport?

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05. Which game can be improved by the following activity?



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