



Grade 7

Health and Physical Education.

Unit : 15  
Let us prevent non – communicable

Part I

Underline the most suitable answer.

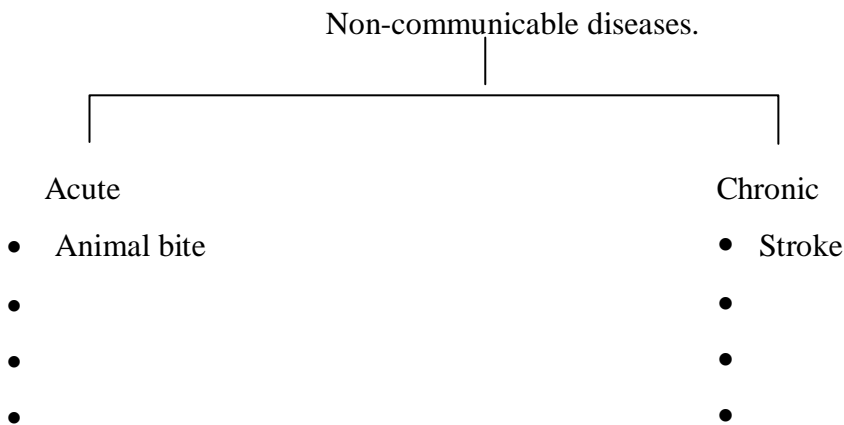
1. A communicable disease is
  - i.Stroke
  - ii.Kidney problems
  - iii.Mental illness
  - iv.Chicken pox
  
2. The correct statement about chronic diseases is
  - i.Long lasting illnesses
  - ii.Involving changes that take place in the physical functioning of the body
  - iii.Need long term treatment
  - iv.All of the above
  
3. A non-communicable disease is
  - i)Cancer
  - ii)Dengue
  - iii)COVID-19
  - iv)Cholera

Part II

Answer all questions

Most probably you may have been infected with communicable diseases.

- 1) Write examples for the following categories of non communicable diseases.



- 2) State 2 changeable factors that cause non communicable diseases.
  
- 3) Write 2 unchangeable factors that cause non – communicable diseases.
  
- 4) State 5 precautions that can be taken to avoid non– communicable diseases.



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