



Grade 07

Health and Physical Education.

12. Let us respect the rules  
regulations and other ethics

Part I

Underline the most suitable answer

1. What is not ethics in sports?

- i) Mess up the game
- ii) Existence of the game
- iii) Minimize accidents
- iv) Fair play

2. This is not a benefit that you and your family will get by adhering to rules, regulations and ethics in sports,

- i) Minimize self - esteem
- ii) To be a law abiding citizen
- iii) Inculcation of self - discipline
- iv) All of the above

3. This is a benefit derived by the society by adhering to rules, regulations and ethics

- i) Active, honest and law abiding citizens can be produced
- ii) Personal qualities of students will develop.
- iii) Students will be recognized and respected in the society.
- iv) The school will have amiable students with good team spirit.

4. A quality/qualities of good sportsmanship is /are

- i) Accepting victory and defeat equally well
- ii) Act as a leader when required
- iii) Accept the captain's decisions
- iv) All of the above

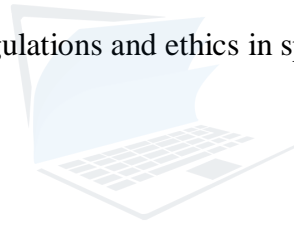
Part II

Answer all questions.

01) Write 4 benefits that a school enjoys by adhering to ethics in sports.

02) State 3 benefits that derived by the society by adhering to ethics in sports.

03) Write five reasons why rules, regulations and ethics in sports are necessary.



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04) Write five good qualities that you will develop by participating in a sport.

05) State 2 rules of any game that you like to play.