



Grade 7

Health and Physical
Education.

Unit : 03
Let us engage in Folk Games

Part I

Underline most suitable answer.

1. This a common feature of folk games
- i. Complexity
 - ii. More competition
 - iii. No aesthetic touch
 - iv. Creates unity

2. The following picture shows a
- i. Out door with equipment.
 - ii. Indoor with equipment.
 - iii. Out door without equipment.
 - iv. Indoor without equipment



3. What will not be a result of playing outdoor games?
- i. Mental stress
 - ii. Gain fun
 - iii. Patience
 - iv. Equity

4. This is not an indoor folk game
- i. Ath hangima
 - ii. Nerenchi edema
 - iii. Mee kadima
 - iv. Pancha keliya

5. The following picture shows
- i. Mattakeliya
 - ii. Lee keliya
 - iii. Olinda keliya
 - iv. Dolos keliya



Part II

- (1) What is the in importance of folk games?
- (2) Write common features of folk games.

- (3) Name the two types of folk games according to the place where they can be played.
- (4) Write four types of folk games.
- (5) Give two examples for the following folk games.
 1. Out door with equipment.
 2. Indoor with equipment.
 3. Out door without equipment.
 4. Indoor without equipment.
- (6) Name 4 folk games that can be seen during the new year.
- (7) Write 2 verses of "Olinda Keliya".
- (8) Write 2 songs of the swing (Onchiliwaram) and draw a diagram a swing.



agaram.lk