



Grade 7

Health and Physical  
Education.

Unit : 02

Let us Experience love and protection

(1) Write short answer for the following questions.

1) Name basic needs of human.

1. 2. 3.

2) Name 4 secondary needs of human.

1. 2. 3. 4.

3) Write 2 instances that you get love from your parents.

1.  
2.

4) Name other four categories that you get love respect parent.

1. 2. 3. 4.

5) State four groups of external persons who give you love and protection.

1. 2. 3. 4.

6) State five responsibilities to be fulfilled by you to receive love and protection.

1.  
2.  
3.  
4.  
5

7) Write 3 harmful effects of not receiving love and protection.

1.  
2.  
3.

8) Explain briefly how a bad family environment leads to mental conflicts.

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(2) Identify is each of the following statements are true (✓) or false (X)

- 1) Non – fulfillment of psychological needs affects education. ( )
- 2) Member of a peer group can't talk freely with each other. ( )
- 3) Move protection can be gained through on extended family. ( )
- 4) Love and protection are limited to one's childhood only. ( )
- 5) The bond, affection and the closeness that exist among each other is known as love. ( )
- 6) Religious leaders cannot be taken under external persons who give us love and protection. ( )
- 7) You must be happy if another gets the victory you didn't get. ( )
- 8) In urban environment most of the people are related with each other. ( )
- 9) You can provide love and protection to others without an expense. ( )
- 10) It is the duty of everyone to respect others. ( )

